



Pacific Water Polo, Inc.

A Zone of USA Water Polo

2008 Development Training Camp

Boys and Girls Born 1995 and later

The Pacific Zone will be conducting a Development Camp for boys and girls born 1995 and later at West Valley College under the direction of **Bruce Watson**, West Valley College Head Men's Water Polo Coach.

USA Water Polo has discontinued its National Development team training program, and the Board of Directors of the Pacific Zone have decided to implement a zone development training program.

The schedule for the 2008 Development Camp is as follows:

| Day | Date | Time | Skills Covered |
|----------|-------------------|--------------------|--|
| Sunday | February 3, 2008 | 9:00 am - 12:00 pm | Balance/Support/Passing |
| Sunday | February 17, 2008 | 9:00 am - 12:00 pm | Passing/Shooting/2 meter offense and defense/Driving |
| Sunday | March 2, 2008 | 9:00 am - 12:00 pm | Individual and Team Defense |
| Sunday | March 9, 2008 | 9:00 am - 12:00 pm | Individual and Team Offense/Counter attack |
| Sunday | April 6, 2008 | 9:00 am - 12:00 pm | Extra player - offense and defense |
| Saturday | April 19, 2008 | 9:00 am - 12:00 pm | Game situations/scrimmage |

It is recommended that athletes attend all training sessions, however, attendance at all sessions is not mandatory.

Bruce Watson will be assisted by his **2007 Community College State Champion** team players.

All athletes will receive the following:

- ★ Development camp t-shirt at the conclusion of the camp (so we can order your size)
- ★ Snacks and drinks on the pool deck
- ★ Certificate of Participation

Cost: \$55.00 for all six sessions

(no prorated fees for partial attendance or refunds after an athlete attends one day)

On Line Registration Only:

www.pacificwaterpolo.com/register_camp.html

Questions? Contact Bruce Watson at bruce_watson@westvalley.edu